





1500 Meter Lap Counting Sheet


Event: _____ Heat: _____

Lap	Meter	Order of Touch				
2	100					
4	200					
6	300					
8	400					
10	500					
12	600					
14	700					
16	800					
18	900					
20	1000					
22	1100					
24	1200					
26	1300					
 1400						
30	1500					


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