





800 Meter Lap Counting Sheet


Event: _____ Heat: _____

| Lap | Meter | Order of Touch | | | | |
|---|-------|----------------|--|--|--|--|
| 2 | 100 | | | | | |
| 4 | 200 | | | | | |
| 6 | 300 | | | | | |
| 8 | 400 | | | | | |
| 10 | 500 | | | | | |
| 12 | 600 | | | | | |
|  | 700 | | | | | |
| 16 | 800 | | | | | |


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